
JUDITH M. BARDWICK

SENIOR EXECUTIVE COACH

AREAS OF EXPERTISE

- Organizational Development
- Change Management
- Personal, Career, and Life Development
- Communication Skills

CLIENTS

- Hewlett-Packard
- Champion Paper
- IBM
- Accenture (Formerly Andersen Consulting)
- National Steel

LEVEL/TYPE

- CEO
- COO
- SVP
- EVP

*Coach's photo
not available at
this time*

Judith Bardwick
2018 Palmetto Terrace
Fullerton, CA 92831
(714) 278-9399
JudithBardwick@excn.com

BIOGRAPHICAL INFORMATION

Judith M. Bardwick is a senior executive coach with Executive Coaching Network, Inc. (EXCN). In addition to her significant academic achievements, Judith has been an active business consultant for more than two decades. Throughout her career she has combined cutting-edge research with practical application. She is a leading expert on driving results for optimizing performance, changing organizational views and values, creating personal and organizational success, leadership, and issues of gender at work and at home.

Prior to joining EXCN, Judith was clinical professor of psychiatry at the University of California in San Diego and also worked as a psychological therapist. Judith earned a BS degree from Purdue University and an MS from Cornell. She received her Ph.D. from the University of Michigan, and, subsequently, became a full professor and the associate dean of the College of Literature, Science, and the Arts. She served as a visiting professor of management at the School of Business Administration at San Diego State University.

Well-known for her exciting and challenging speaking style, Judith is one of fewer than 20 people who have received the Distinguished Faculty Award from the Institute for Management Studies (IMS). She is currently a client of the prestigious Leigh Bureau of Speakers and a Fellow of the American Psychological Association. Judith was a Senior Fellow of the Society of Fellows at the University of Michigan.

A distinguished author, Judith has published over 70 articles and book chapters on a wide range of topics. Her most recent book, *In Praise of Good Business* (1998), informs management about what must be done to be competitive and successful in today's borderless economy. Her best-selling book, *Danger in the Comfort Zone* (1991 and 1995), was a wake-up call to end a culture of entitlement, because it contributes to economic and psychological bankruptcy. In 1986 she wrote *The Plateauing Trap*, which explores problems created by, and solutions to, the end of professional promotion or challenge, and the routines of daily life. She has also published four books related to gender issues, including the seminal *Psychology of Women*.